

RISK BENEFIT ASSESSMENT

Activity:	Canoeing	Date:	January 2020
Assessors:	Rob McGurk	Review date:	January 2021

Benefits: Placing participants in an environment that is likely to be out of their comfort zones allows for the development of several personal qualities such as teamwork, trust, listening and communication, using the environment as a vehicle.

Risks: See below.

Ratios: There will be a recommended ratio of 1:8 ratio (qualified instructor/children) for the overall activity. The session will be led by Ollie Jay who is qualified as a BCU Level 2 coach for the company Active4Seasons. In addition, an instructor from Ford Castle, assessed by Active4Seasons, will assist. Teacher/Group Leader's presence required to oversee those waiting/choosing not to participate.

Accessibility: All our instructors will ensure that medical notes for their group are checked and understood prior to the activity. All our instructors are aware of various inclusive strategies and will endeavour to meet the needs of all of our guests.

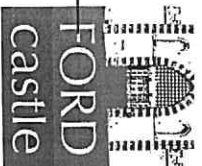
Hazard	Who is at risk	PRECAUTIONS in place to reduce the risk of injury
Cold water immersion	Active participants, instructors.	Ensure all clients are well briefed and spare clothing is on hand nearby. Instructors trained to rescue clients from water.
Back injury	Active participants, instructors.	Participants briefed on safe lifting and handling before moving canoes. Supervision and assistance by Active4Seasons and Ford Castle Adventure staff.
Drowning	Active participants, instructors.	All participants are correctly fitted with buoyancy aids; identify non-swimmers prior to the start of session. Ensure all participants are briefed on how to use a paddle correctly and what to do if the canoe capsizes.
Cuts, grazes and bruising.	Active participants, instructors.	Ensure all clients are suitably dressed prior to the start of session, check the area to be paddled before start of session.
Poor weather	Active participants, instructors, waiting/non participants	Ford Castle Adventure staff to ensure everyone is suitably dressed before the start of the session. Waterproofs can be provided if necessary.
Polluted water	Active participants, instructors.	Visually check water prior to start of session. If any doubt, contact environment agency.
Rapids causing panic or loss of control	Active participants, instructors.	Only take clients onto the fast moving water once they have some experience and are ready for a bigger challenge. Instructors trained to assist in the event of capsize.
Trees/debris	Active participants, instructors, waiting/non-participants.	Ensure participants are well briefed. Active participants are monitored throughout the session and instructors place themselves in the areas where they can assist.
Injury due to insufficient supervision	Active participants, instructors, waiting/non-participants	Lead instructor Ollie Jay to be accompanied at all times by competent assistant from Ford Castle Adventure staff. Non participants must be supervised by an accompanying adult.

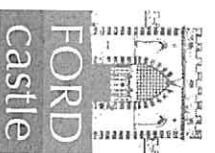
Ford Castle Adventure Ltd

Sign: R McEw Date: 14/01/20

Sign: 

Date: 14/1/2





RISK BENEFIT ASSESSMENT

Activity:	Outdoor Rock Climbing	Date:	January 2020
Assessors:	Rob McGurk	Review date:	January 2021

Benefits: Participants get to climb on a real outdoor crag and to challenge themselves both physically (in the movement skills involved), and mentally (facing the instinctive fear of heights).
Risks: See below.

Ratios: At all times a 1:1 ratio of belayer to climber. A ratio of 1:1.15 for the walk to the crag and 2:1.15 for the climbing. A ratio of 1:1.16/2:1.16 can be used with prior agreement from the visiting party leader (or Residential Compliance Coordinator for NCS) and Ford Castle Adventure. Teacher's presence requested to oversee those waiting to participate.

Accessibility: All our instructors will ensure that medical notes for their group are checked and understood prior to the activity. All our instructors are aware of various inclusive strategies and will endeavour to meet the needs of all of our guests.

Hazard	Who is at risk	PRECAUTIONS in place to reduce the risk of injury
Rock fall	Participants, instructor	Helmets worn in proximity of crag. Designated safe zone away from crag, supervised by teacher/leader. The routes used see a lot of traffic and are clear of any loose blocks. The anchors are set up before the group arrives. Both instructors carry First Aid Kits.
Equipment failure	Active participant, instructor	Regular equipment checks by Oliver Jay of Active4Seasons. Pre-session visual checks of equipment. Two pre-climb checks of climber and harness by instructors leading activity. Anchors placed by Oliver Jay, who is AALA registered and fully qualified.
Participant falling out of ill-fitting harness. Hair/fingers caught in equipment	Active participant	Two pre-climb checks of climber and harness by instructors leading activity. Instructors trained to recognise safe and unsafe harness fittings. Hair tied back. First Aid Kit carried by both instructors (with scissors). Appropriate pre-session brief
Participant hitting wall during descent. Participant struck by fellow participant. Participant hitting ground too hard on descent.	Active participants	Ford Castle Staff signed off for High Ropes. They are also trained in use of 'Bug'-style belay plates, and assessed by a member of the management team. Oliver Jay is qualified and experienced. Appropriate pre-session brief given by Oliver Jay. Continued staff appraisal and regular monitoring by member of the senior team. Participants may be asked to 'help' belay, but an instructor will always be holding the dead rope.
Allergies to local flora and fauna	Participants, instructor	Medical check prior to departing from castle, including checking the children have appropriate medication. Instructor carries a first aid kit and phone.
Participants getting lost	Participants	Ford Castle instructors trained in group management. Will regularly check group numbers. Instructor carries a phone.
Slips, trips and falls	Participants, instructor	Participants wear appropriate footwear for walking. Instructors warn participants of any change in terrain on the walk in. Participants are told to be careful on the steep hill around the crag, and the 'safe zone' is on an area of flat ground. Both instructors are First Aid trained and carry First Aid kits. Both instructors carry phones.
Suitability of location for a group	Participants, instructor	Ongoing use of location by Oliver Jay and centre staff. Dynamic risk assessments of site and conditions carried out.

Sign: R Melvin Date: 14/01/20

Sign: [Signature] Date: 14/1/20